NAPT 2023 Conference at a Glance

Wednesday, March 29 (all times are MST)

12:45-1:00 pm  Registration for Pre-Conference I only (Hotel Lobby)
1:00-5:30 pm  Pre-Conference I Day Trip – Kathleen (Kay) Adams LPC, PTR-MM/S
               (Meet in Hotel Lobby)
               Fabrics and Photos: The Denver Art Museum
6:00 pm  Dinner – Hotel restaurant or dinner on your own

Thursday, March 30

8:00-9:00 am  Breakfast (Atrium)
9:00-9:30 am  Registration for Pre-Conference II & III only (Hotel Lobby)
9:00 am-4:00 pm  NAPT Board Meeting (Sage)
9:30 am-12:00 Noon  Pre-Conference II – Geri Chavis, M.A., LP, PhD, CPT, CM (Juniper)
                    Exploring Family Relationships through Poetry, Story, & Expressive Writing
12:00 Noon-1:00 pm  Lunch on your own (Restaurant)
1:00-3:30 pm  Pre-Conference III – Sherry Reiter, PhD, LCSW, PTR-M/S (Juniper)
               Marginalized Identity: Borders, Boundaries & Crossing
3:45-5:45 pm  Pre-Conference IV – Sandra Marianella
               Sandra Marianella, MA, MEd and Michele Sefton, MEd (Juniper)
               The Story You Need to Tell--Writing and Resilience
3:45-5:15 pm  Registration Set up (Pre-function)
4:30-5:45 pm  Attendee Folder Set up (Cottonwood REAR)
4:00-5:30 pm  Deej Documentary Film – Karen “Ren” vanMeenen, Ph.d, MA, CAPF (Birch)
5:30-6:00 pm  Registration (Pre-function)
6:00-7:00 pm  Dinner – Hotel restaurant or dinner on your own
7:00-7:30 pm  Registration (Pre-function)
7:30-7:45 pm  Meet the NAPT Board (Birch)
7:45-8:30 pm  Welcome and Mix and Mingle: Getting to Know You with Haiku Poetry
               Catherine Tanguis, MA, NBCT, CAPF & Barbara Kreisberg, MS, CPT (Birch)
8:45-9:45 pm  Opening Event: Bobby LeFebre (Birch)
               Poetry as Praxis: An Exploration of Collective Discourse and Civic Health

Friday, March 31

7:00-8:00 am  Morning Triple Workshop: Experience a Poetry Therapy Group
               (First Session – 2 Groups)
               Nancy Scherlong, LCSW, PTR, CJT, M/S & Elaine Brooks, RN-BC, MA, PTR, M/S
               (Juniper & Sage)
<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tbody>
<tr>
<td>7:45-8:45 am</td>
<td>Registration <em>(Pre-function)</em></td>
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<tr>
<td>8:00-8:45 am</td>
<td>Breakfast <em>(Atrium)</em></td>
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<td>9:00-9:15 am</td>
<td>Welcome &amp; Overview – Nicholas Mazza, Ph.D., PTR, NAPT President <em>(Birch)</em></td>
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<td>9:15-10:00 am</td>
<td>Keynote Speaker – Joy Sawyer, MA, MA <em>(Birch)</em></td>
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<td>“And You Dreaming the Same”: How Poetry Therapy Changes the World</td>
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<td>10:00-10:20 am</td>
<td>Book Signing with Joy Sawyer <em>(Cottonwood REAR)</em></td>
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<td>10:30-12:00 noon</td>
<td>Workshop Series A</td>
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<tr>
<td>A1</td>
<td>Use of Therapeutic Writing Workshop to Create Collaborative Music for Use in Recovery from Chemical Addiction – Eric Kreuter, Ph.D, CASAC-t <em>(Birch)</em></td>
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<td>A2</td>
<td>The Tension of Opposites: How We Grow Through Poetry – Jon Sayers <em>(Sage)</em></td>
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<td>A3</td>
<td>Suicide, Despair and Poetry Therapy – Alison Johnson, DNP, PTR <em>(Cottonwood)</em></td>
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<td>A4</td>
<td>Creating Story Spine Poetry – Shaun Perkins, MA <em>(Juniper)</em></td>
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<td>A5</td>
<td>Empathetic Translations and Contextual Corroborations: How Spiritually Integrated Arabic Lyrics and Language Introduces Psychotherapeutic Potential – Tariq Elsaid, MSW <em>(Aspen)</em></td>
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<td>12:00-1:00 pm</td>
<td>Luncheon <em>(Atrium)</em></td>
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<td>1:00-1:45 pm</td>
<td>Certification &amp; Awards Event – International Federation for Biblio/Poetry Therapy <em>(Birch)</em></td>
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<td>2:00-2:45 pm</td>
<td>IFPBF Credentialing Information Workshop: Your Life Could Be Poetry Nancy Scherlong, LCSW, PTR, CJT, CM, IFBPT President and Anjana Deshpande, LCSW, CPT, CJT, CM-P, IFBPT Vice-President <em>(Birch)</em></td>
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<td>3:00-4:30 pm</td>
<td>Workshop Series B</td>
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<td>B1</td>
<td>Tatas Tales/Los Cuentos de las Tatas: The Intersection of Poetry, Transformative Writing, and Drama in Bilingual Communities – Irania Macías, MA, CAPT &amp; Beth Murray, Ph.D. <em>(Birch)</em> Please note this session will run from 3:00-5:30 as the workshop will be followed by a one-hour performance &amp; discussion.</td>
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<td>B3</td>
<td>Finding Peace and Harmony During Troubled Times – Barbara Kreisberg, MS, CPT <em>(Cottonwood)</em></td>
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<td>B4</td>
<td>Exploring Gender Identity and Sexual Orientation Through Poetry – Mari Alschuler, Ph.D., LISW-S, CM/PTR, MPTP <em>(Juniper)</em></td>
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<td>B5</td>
<td>Promoting Empowerment by Discovering Inner Strengths: A Co-Facilitative Poetry Therapy Curriculum for Groups in Rural Communities – Scott R. Sorensen, LCSW &amp; Danielle Dubrasky, Ph.D. <em>(Aspen)</em></td>
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<td>4:30-6:00 pm</td>
<td>Mentor/Supervisor Round Table Discussion <em>(SAGE)</em></td>
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<td>6:00-7:45 pm</td>
<td>Dinner – Hotel restaurant or dinner on your own</td>
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8:00-9:30 pm  **Open Mic Poetry**: Sign-Up & Reading *(Birch)*  
Emceed by Jenna Robinson, LMFT

**Saturday, April 1**

7:00-8:00 am  **Morning Triple Workshop: Experience a Poetry Therapy Group**  
(Second Session – 2 Groups)  
Nancy Scherlong, LCSW, PTR, CJT, M/S & Elaine Brooks, RN-BC, MA, PTR, M/S *(Juniper & Sage)*

7:30-8:30 am  Registration *(Prefunction)*

8:00-9:00 am  Breakfast *(Atrium)*

9:00-10:30 am  **Workshop Series C**  

**C1**  **Good Pain: The Art of Being Hurt** – Michael Namkung *(Birch)*

**C2**  **Writing Through Grief: Reflections on a Poetry Workshop at Hospice** – Janelle Adsit, Ph.D. *(Sage)*

**C3**  **The RES Poetry Therapy Model: New Directions for Educators, Therapists, and Poets** – Nicholas Mazza, Ph.D., PTR *(Cottonwood)*

**C4**  **The Symbol of Circles** – Laura Santner, LCSW PTR-CM *(Juniper)*

**C5**  **Poetry as an Empowerment Tool and Catalyst for Support for First-Generation Latina Professional Mothers** – Sandra Gutierrez, LCSW, EMDRIA Approved Consultant, NM Board Approved Supervisor *(Aspen)*

10:45-11:00 am  Honorary Awards Presentation *(Birch)*

11:00-11:45 am  Keynote Poet – Naomi Shihab Nye *(Birch)*  
**Steady On: How Poetry Helps Us in Times of Confusion and Grief**

11:45 am -12:15 pm  Book Signing with Naomi Shihab Nye *(Cottonwood REAR)*

12:30-1:30 pm  Luncheon *(Atrium)*

1:45-2:30 pm  Naomi Shihab Nye Conversation *(Birch)*

3:00-4:30 pm  **Workshop Series D**  

**D1**  **Can I get some space? Playing with aesthetic distance in multi-modal performance poetry workshops**– Jenna Robinson, LMFT & Sherry Reiter, PhD, LCSW, PTR-M/S, RDT-BCT *(Birch)*

**D2**  **Techniques Poets Can Use to Make Their Poetry Sing** – Zorina Exie Frey *(Sage)*

**D3**  **Making Poetry Easy for All Ages** – Beth Jacobs, Ph.D. *(Cottonwood)*

**D4**  **Caregiver Well-being: Personal/Professional/Bibliotherapeutic Reflections** – Ted Bowman, MDiv. *(Juniper)*

**D5**  **What’s Your Credo?: Being Mindful about “Why I Write”** – Rob Merritt, Ph.D. *(Aspen)*

4:30-6:00 pm  Mentor/Supervisor Round Table Discussion

5:00-5:15 pm  Closing Remarks – Nicholas Mazza, Ph.D., PTR, NAPT President *(Birch)*

5:15-6:00 pm  Closing Event: Jovan Mays, inaugural and emeritus Poet Laureate of Aurora *(Birch)*  
**Nana’s Boxes: More Bridges, Less Walls**
Sunday, April 2

8:00-9:00 am  Breakfast *(Atrium)*

9:00-11:30 am  **Morning Triple Workshop: Experience a Poetry Therapy Group**  
(Third Session – 2 Groups)  
Nancy Scherlong, LCSW, PTR, CJT, M/S & Elaine Brooks, RN-BC, MA, PTR, M/S  
*(Juniper & Sage)*

9:00-11:00 am  Post-Conference I – Ingrid Tegner, MSW, CAPF, CM  
**Poetry, Writing & Weaving to Foster Strength, Resilience, and Community**

12:00-1:00 pm  Lunch on your own