

NAPT 2023 Conference at a Glance

Wednesday, March 29 *(all times are MST)*

- 12:45-1:00 pm Registration for Pre-Conference I only *(Hotel Lobby)*
- 1:00-5:30 pm Pre-Conference I Day Trip – **Kathleen (Kay) Adams LPC, PTR-MM/S**
(Meet in Hotel Lobby)
Fabrics and Photos: The Denver Art Museum
- 6:00 pm Dinner – Hotel restaurant or dinner on your own

Thursday, March 30

- 8:00-9:00 am Breakfast *(Atrium)*
- 9:00-9:30 am Registration for Pre-Conference II & III only *(Hotel Lobby)*
- 9:00 am-4:00 pm NAPT Board Meeting *(Sage)*
- 9:30 am-12:00 Noon Pre-Conference II – Geri Chavis, M.A., LP, PhD, CPT, CM *(Juniper)*
Exploring Family Relationships through Poetry, Story, & Expressive Writing
- 12:00 Noon-1:00 pm Lunch on your own *(Restaurant)*
- 1:00-3:30 pm Pre-Conference III – Sherry Reiter, PhD, LCSW, PTR-M/S *(Juniper)*
Marginalized Identity: Borders, Boundaries & Crossing
- 3:45-5:45 pm Pre-Conference IV – Sandra Marianella
Sandra Marianella, MA, MEd and Michele Sefton, MEd *(Juniper)*
The Story You Need to Tell--Writing and Resilience
- 3:45-5:15 pm Registration Set up *(Pre-function)*
- 4:30-5:45 pm Attendee Folder Set up *(Cottonwood REAR)*
- 4:00-5:30 pm Deej Documentary Film – Karen “Ren” vanMeenen, Ph.d, MA, CAPF *(Birch)*
- 5:30-6:00 pm Registration *(Pre-function)*
- 6:00-7:00 pm Dinner – Hotel restaurant or dinner on your own
- 7:00-7:30 pm Registration *(Pre-function)*
- 7:30-7:45 pm Meet the NAPT Board *(Birch)*
- 7:45-8:30 pm **Welcome and Mix and Mingle: Getting to Know You with Haiku Poetry**
Catherine Tanguis, MA, NBCT, CAPF & Barbara Kreisberg, MS, CPT *(Birch)*
- 8:45-9:45 pm Opening Event: Bobby LeFebre *(Birch)*
Poetry as Praxis: An Exploration of Collective Discourse and Civic Health

Friday, March 31

- 7:00-8:00 am **Morning Triple Workshop: Experience a Poetry Therapy Group**
(First Session – 2 Groups)
Nancy Scherlong, LCSW, PTR, CJT, M/S & Elaine Brooks, RN-BC, MA, PTR, M/S
(Juniper & Sage)

7:45-8:45 am	Registration (<i>Pre-function</i>)
8:00-8:45 am	Breakfast (<i>Atrium</i>)
9:00-9:15 am	Welcome & Overview – Nicholas Mazza, Ph.D., PTR, NAPT President (<i>Birch</i>)
9:15-10:00 am	Keynote Speaker – Joy Sawyer, MA, MA (<i>Birch</i>) “And You Dreaming the Same”: How Poetry Therapy Changes the World
10:00-10:20 am	Book Signing with Joy Sawyer (<i>Cottonwood REAR</i>)
10:30-12:00 noon	Workshop Series A
A1	Use of Therapeutic Writing Workshop to Create Collaborative Music for Use in Recovery from Chemical Addiction – Eric Kreuter, Ph.D, CASAC-t (<i>Birch</i>)
A2	The Tension of Opposites: How We Grow Through Poetry – Jon Sayers (<i>Sage</i>)
A3	Suicide, Despair and Poetry Therapy – Alison Johnson, DNP, PTR (<i>Cottonwood</i>)
A4	Creating Story Spine Poetry – Shaun Perkins, MA (<i>Juniper</i>)
A5	Empathetic Translations and Contextual Corroborations: How Spiritually Integrated Arabic Lyrics and Language Introduces Psychotherapeutic Potential – Tariq Elsaid, MSW (<i>Aspen</i>)
12:00-1:00 pm	Luncheon (<i>Atrium</i>)
1:00-1:45 pm	Certification & Awards Event – International Federation for Biblio/Poetry Therapy (<i>Birch</i>)
2:00-2:45 pm	IFPBF Credentialing Information Workshop: Your Life Could Be Poetry Nancy Scherlong, LCSW, PTR, CJT, CM, IFBPT President and Anjana Deshpande, LCSW, CPT, CJT, CM-P, IFBPT Vice-President (<i>Birch</i>)
3:00-4:30 pm	Workshop Series B
B1	Tatas Tales/Los Cuentos de las Tatas: The Intersection of Poetry, Transformative Writing, and Drama in Bilingual Communities – Irania Macías, MA, CAPT & Beth Murray, Ph.D. (<i>Birch</i>) <i>Please note this session will run from 3:00-5:30 as the workshop will be followed by a one-hour performance & discussion.</i>
B2	Marble Me Free: Pain & Poetry – Diane Kaufman, MD, S. Swan, AS, & Lucia Martinez Rojas, MFA (<i>Sage</i>)
B3	Finding Peace and Harmony During Troubled Times – Barbara Kreisberg, MS, CPT (<i>Cottonwood</i>)
B4	Exploring Gender Identity and Sexual Orientation Through Poetry – Mari Alschuler, Ph.D., LISW-S, CM/PTR, MPTP (<i>Juniper</i>)
B5	Promoting Empowerment by Discovering Inner Strengths: A Co-Facilitative Poetry Therapy Curriculum for Groups in Rural Communities – Scott R. Sorensen, LCSW & Danielle Dubrasky, Ph.D. (<i>Aspen</i>)
4:30-6:00 pm	Mentor/Supervisor Round Table Discussion (<i>SAGE</i>)
6:00-7:45 pm	Dinner – Hotel restaurant or dinner on your own
8:00-9:30 pm	Open Mic Poetry: Sign-Up & Reading (<i>Birch</i>) Emceed by Jenna Robinson, LMFT

Saturday, April 1

- 7:00-8:00 am **Morning Triple Workshop: Experience a Poetry Therapy Group**
(Second Session – 2 Groups)
Nancy Scherlong, LCSW, PTR, CJT, M/S & Elaine Brooks, RN-BC, MA, PTR, M/S
(*Juniper & Sage*)
- 7:30-8:30 am Registration (*Prefunction*)
- 8:00-9:00 am Breakfast (*Atrium*)
- 9:00-10:30 am Workshop Series C
- C1 Good Pain: The Art of Being Hurt** – Michael Namkung (*Birch*)
- C2 Writing Through Grief: Reflections on a Poetry Workshop at Hospice** –
Janelle Adsit, Ph.D. (*Sage*)
- C3 The RES Poetry Therapy Model: New Directions for Educators, Therapists,
and Poets** – Nicholas Mazza, Ph.D., PTR (*Cottonwood*)
- C4 Embodied Compassion through Self-Regulation: Embracing Our
Imperfections through Poetry, Writing, and Action**– Nancy S. Scherlong,
LCSW, PTR/CJT, CM (*Juniper*)
- C5 Poetry as an Empowerment Tool and Catalyst for Support for First-Generation
Latina Professional Mothers** – Sandra Gutierrez, LCSW, EMDRIA Approved
Consultant, NM Board Approved Supervisor (*Aspen*)
- 10:45-11:00 am Honorary Awards Presentation (*Birch*)
- 11:00-11:45 am Keynote Poet – Naomi Shihab Nye (*Birch*)
Steady On: How Poetry Helps Us in Times of Confusion and Grief
- 11:45 am -12:15 pm Book Signing with Naomi Shihab Nye (*Cottonwood REAR*)
- 12:30-1:30 pm Luncheon (*Atrium*)
- 1:45-2:30 pm Naomi Shihab Nye Conversation (*Birch*)
- 3:00-4:30 pm Workshop Series D
- D1 Can I get some space? Playing with aesthetic distance in multi-modal
performance poetry workshops**– Jenna Robinson, LMFT & Sherry Reiter, PhD,
LCSW, PTR-M/S, RDT-BCT (*Birch*)
- D2 Techniques Poets Can Use to Make Their Poetry Sing** – Zorina Exie Frey (*Sage*)
- D3 Making Poetry Easy for All Ages** – Beth Jacobs, Ph.D. (*Cottonwood*)
- D4 Caregiver Well-being: Personal/Professional/Bibliotherapeutic Reflections** –
Ted Bowman, MDiv. (*Juniper*)
- D5 What’s Your Credo?: Being Mindful about “Why I Write”** – Rob Merritt,
Ph.D. (*Aspen*)
- 5:00-5:15 pm Closing Remarks – Nicholas Mazza, Ph.D., PTR, NAPT President (*Birch*)
- 5:15-6:00 pm Closing Event: Jovan Mays, inaugural and emeritus Poet Laureate of Aurora (*Birch*)
Nana’s Boxes: More Bridges, Less Walls
- 6:00 pm Dinner on your own

Sunday, April 2

- 8:00-9:00 am Breakfast (*Atrium*)
- 9:00-11:30 am **Morning Triple Workshop: Experience a Poetry Therapy Group**
(Third Session – 2 Groups)
Nancy Scherlong, LCSW, PTR, CJT, M/S & Elaine Brooks, RN-BC, MA, PTR, M/S
(*Juniper & Sage*)
- 9:00-12:00 am Post-Conference I – Ingrid Tegner, MSW, CAPF, CM (*Aspen*)
Poetry, Writing & Weaving to Foster Strength, Resilience, and Community
- 12:00-1:00 pm Lunch on your own