

**2023 CONFERENCE AT A GLANCE**

**Wednesday, March 29 (all times are MST)**

- 12:45-1:00 pm Registration for Pre-Conference I only (*Hotel Lobby*)
- 1:00-5:30 pm Pre-Conference I Day Trip – **Kathleen (Kay) Adams LPC, PTR-MM/S**  
(*Meet in Hotel Lobby*)  
**Fabrics and Photos: The Denver Art Museum**
- 6:00 pm Dinner – Hotel restaurant or dinner on your own

**Thursday, March 30**

- 8:00-9:00 am Breakfast (*Atrium*)
- 9:00-9:30 am Registration for Pre-Conference II & III only (*Hotel Lobby*)
- 9:00 am-4:00 pm NAPT Board Meeting (*Sage*)
- 9:30 am-12:00 Noon Pre-Conference II – Geri Chavis, M.A., LP, PhD, CPT, CM & Alma Rolfs, LICSW, PTR (*Juniper*)  
**Exploring Family Relationships through Poetry, Story, & Expressive Writing**
- 12:00 Noon-1:00 pm Lunch on your own (*Restaurant*)
- 1:00-3:30 pm Pre-Conference III – Sherry Reiter, PhD, LCSW, PTR-M/S (*Juniper*)  
**Marginalized Identity: Borders, Boundaries & Crossing**
- 3:45-5:45 pm Pre-Conference IV – Sandra Marianella, MA, MEd and Michele Sefton, MEd (*Juniper*)  
**The Story You Need to Tell--Writing and Resilience**
- 3:45-5:15 pm Registration Set up (*Pre-function*)
- 4:30-5:45 pm Attendee Folder Set up (*Cottonwood REAR*)
- 4:00-5:30 pm Deej Documentary Film – Karen “Ren” vanMeenen, Ph.d, MA, CAPF (*Birch*)
- 5:30-6:00 pm Registration (*Pre-function*)
- 6:00-7:00 pm Dinner – Hotel restaurant or dinner on your own
- 7:00-7:30 pm Registration (*Pre-function*)
- 7:30-7:45 pm Meet the NAPT Board (*Birch*)
- 7:45-8:30 pm **Welcome and Mix and Mingle: Getting to Know You: Where Does Writing Hide?** Catherine Tanguis, MA, NBCT, CAPF & Barbara Kreisberg, MS, CPT (*Birch*)
- 8:45-9:45 pm Opening Event: Bobby LeFebre (*Birch*)  
**Poetry as Praxis: An Exploration of Collective Discourse and Civic Health**

**Friday, March 31**

- 7:00-8:00 am **Morning Triple Workshop: Experience a Poetry Therapy Group**  
(First Session – 2 Groups)  
Nancy Scherlong, LCSW, PTR, CJT, M/S & Elaine Brooks, RN-BC, MA, PTR, M/S (*Juniper & Sage*)

7:45-8:45 am	Registration ( <i>Pre-function</i> )
8:00-8:45 am	Breakfast ( <i>Atrium</i> )
9:00-9:15 am	Welcome & Overview – Nicholas Mazza, Ph.D., PTR, NAPT President ( <i>Birch</i> )
9:15-10:00 am	Keynote Speaker – Joy Sawyer, MA, MA ( <i>Birch</i> ) <b>“And You Dreaming the Same”: How Poetry Therapy Changes the World</b>
10:00-10:20 am	Book Signing with Joy Sawyer ( <i>Cottonwood REAR</i> )
10:30-12:00 noon	Workshop Series A
<b>A1</b>	<b>Use of Therapeutic Writing Workshop to Create Collaborative Music for Use in Recovery from Chemical Addiction</b> – Eric Kreuter, Ph.D, CASAC-t ( <i>Birch</i> )
<b>A2</b>	<b>The Tension of Opposites: How We Grow Through Poetry</b> – Jon Sayers ( <i>Sage</i> )
<b>A3</b>	<b>Suicide, Despair and Poetry Therapy</b> – Alison Johnson, DNP, PTR ( <i>Cottonwood</i> )
<b>A4</b>	<b>Creating Story Spine Poetry</b> – Shaun Perkins, MA ( <i>Juniper</i> )
<b>A5</b>	<b>Empathetic Translations and Contextual Corroborations: How Spiritually Integrated Arabic Lyrics and Language Introduces Psychotherapeutic Potential</b> – Tariq Elsaid, MSW ( <i>Aspen</i> )
12:00-1:00 pm	Luncheon ( <i>Atrium</i> )
1:00-1:45 pm	Certification & Awards Event – International Federation for Biblio/Poetry Therapy ( <i>Birch</i> )
2:00-2:45 pm	<b>IFPBF Credentialing Information Workshop: Your Life Could Be Poetry</b> Alison Johnson, DNP, PTR, IFBPT Credentials Chair and Harriet Kohen, LICSW, CPT, IFBPT Secretary ( <i>Birch</i> )
3:00-4:30 pm	Workshop Series B
<b>B1</b>	<b>Tatas Tales/Los Cuentos de las Tatas: The Intersection of Poetry, Transformative Writing, and Drama in Bilingual Communities</b> – Irania Macías, MA, CAPT & Beth Murray, Ph.D. ( <i>Birch</i> ) <i>Please note this session will run from 3:00-5:30 as the workshop will be followed by a one-hour performance &amp; discussion.</i>
<b>B2</b>	<b>Marble Me Free: Pain &amp; Poetry</b> – Diane Kaufman, MD, S. Swan, AS, & Lucia Martinez Rojas, MFA ( <i>Sage</i> )
<b>B3</b>	<b>Finding Peace and Harmony During Troubled Times</b> – Barbara Kreisberg, MS, CPT ( <i>Cottonwood</i> )
<b>B4</b>	<b>Exploring Gender Identity and Sexual Orientation Through Poetry</b> – Mari Alschuler, Ph.D., LISW-S, CM/PTR, MPTP ( <i>Juniper</i> )
<b>B5</b>	<b>Promoting Empowerment by Discovering Inner Strengths: A Co-Facilitative Poetry Therapy Curriculum for Groups in Rural Communities</b> – Scott R. Sorensen, LCSW & Danielle Dubrasky, Ph.D. ( <i>Aspen</i> )
4:30-6:00 pm	Mentor/Supervisor Round Table Discussion ( <i>SAGE</i> )

6:00-7:45 pm Dinner – Hotel restaurant or dinner on your own

8:00-9:30 pm **Open Mic Poetry: Sign-Up & Reading** (*Birch*)  
Emceed by Jenna Robinson, LMFT

### Saturday, April 1

- 7:00-8:00 am **Morning Triple Workshop: Experience a Poetry Therapy Group**  
(Second Session – 2 Groups)  
Nancy Scherlong, LCSW, PTR, CJT, M/S & Elaine Brooks, RN-BC, MA, PTR,  
M/S (*Juniper & Sage*)
- 7:30-8:30 am Registration (*Prefunction*)
- 8:00-9:00 am Breakfast (*Atrium*)
- 9:00-10:30 am Workshop Series C
- C1 Good Pain: The Art of Being Hurt** – Michael Namkung (*Birch*)
- C2 Writing Through Grief: Reflections on a Poetry Workshop at Hospice** –  
Janelle Adsit, Ph.D. (*Sage*)
- C3 The RES Poetry Therapy Model: New Directions for Educators, Therapists,  
and Poets** – Nicholas Mazza, Ph.D., PTR (*Cottonwood*)
- C4 Embodied Compassion through Self-Regulation: Embracing Our  
Imperfections through Poetry, Writing, and Action**– Nancy S. Scherlong,  
LCSW, PTR/CJT, CM (*Juniper*)
- C5 Poetry as an Empowerment Tool and Catalyst for Support for First-  
Generation Latina Professional Mothers** – Sandra Gutierrez, LCSW, EMDRIA  
Approved Consultant, NM Board Approved Supervisor (*Aspen*)
- 10:30-11:00 am Walk-in Registration for Keynote Poet Naomi Shihab Nye (*Pre-function*)
- 10:45-11:00 am Honorary Awards Presentation (*Birch*)
- 11:00-11:45 am Keynote Poet – Naomi Shihab Nye (*Birch*)  
**Steady On: How Poetry Helps Us in Times of Confusion and Grief**
- 11:45 am -12:15 pm Book Signing with Naomi Shihab Nye (*Cottonwood REAR*)
- 12:30-1:30 pm Luncheon (*Atrium*)
- 1:45-2:30 pm Naomi Shihab Nye Conversation (*Birch*)
- 3:00-4:30 pm Workshop Series D
- D1 Can I get some space? Playing with aesthetic distance in multi-modal  
performance poetry workshops**– Jenna Robinson, LMFT & Sherry Reiter, PhD,  
LCSW, PTR-M/S, RDT-BCT (*Birch*)
- D2 Techniques Poets Can Use to Make Their Poetry Sing** – Zorina Exie Frey  
(*Sage*)
- D3 Making Poetry Easy for All Ages** – Beth Jacobs, Ph.D. (*Cottonwood*)
- D4 Caregiver Well-being: Personal/Professional/Bibliotherapeutic Reflections** –  
Ted Bowman, MDiv. (*Juniper*)

**D5**                    **What's Your Credo?: Being Mindful about "Why I Write"** – Rob Merritt, Ph.D. (*Aspen*)

5:00-5:15 pm            Closing Remarks – Nicholas Mazza, Ph.D., PTR, NAPT President (*Birch*)

5:15-6:00 pm            Closing Event: Jovan Mays, inaugural and emeritus Poet Laureate of Aurora (*Birch*)  
**Nana's Boxes: More Bridges, Less Walls**

6:00 pm                    Dinner on your own

**Sunday, April 2**

8:00-9:00 am            Breakfast (*Atrium*)

9:00-11:30 am           **Morning Triple Workshop: Experience a Poetry Therapy Group**  
 (Third Session – 2 Groups)  
 Nancy Scherlong, LCSW, PTR, CJT, M/S & Elaine Brooks, RN-BC, MA, PTR, M/S (*Juniper & Sage*)

9:00-12:00 am           Post-Conference I – Ingrid Tegner, MSW, CAPF, CM (*Aspen*)  
**Poetry, Writing & Weaving to Foster Strength, Resilience, and Community**

12:00-1:00 pm           Lunch on your own

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