

# NAPT 2021 Virtual Conference at a Glance

## Wednesday, April 7 (*All times are EST*)

- 9:45 am-12:15 pm      Pre-Conference Session I  
**Poetry Therapy: A Doorway to Understanding and Alleviating Loneliness** – Geri Chavis, LP, CPT
- 1:00-3:00 pm          Pre-Conference Session II  
**It's All About Giving Our Heart To The Writing** – Jimmy Santiago Baca, International Poet and Writer
- 3:30-6:00 pm          Pre-Conference Session III  
**The Nuts and Bolts of Poetry Therapy Theory: The Poetry Therapy Equation and How It Adds Up to Healing** – Sherry Reiter, PhD, LCSW, PTR-M/S
- 7:30-8:15 pm          **Welcome & Introduction** – Catherine Tanguis, MA, NBCT, CAPF  
**Presidential Welcome & Introduction to the Board** – Marianela Medrano, PhD, CPT

## Thursday, April 8

- 8-8:45 am              **Virtual Yoga Stretch** – Diane Richard-Allerdyce, MA, PhD, CAPF
- 9:00-10:30 am        Workshop #1  
**The Musicality of Being your Creative Self** – Diane Richard-Allerdyce, MA, PhD, CAPF, Rob Merritt, PhD, & Jeremy Shraffenberger, PhD
- 10:45 am-12:15 pm    Workshop #2  
**A Therapeutic Poetry Writing Intervention for Youth who have Experienced Trauma** – Kevin Jones, PhD, MSW
- 12:25-12:55 pm       **IFPBF Credentialing Information Workshop: Your Life Could Be Poetry**  
Alison Johnson, DNP, PTR, Credentials Chair IFB/PT & Elaine Brooks, RN-BC, MA, PTR, M/S
- 1:00-2:30 pm          Workshop #3  
**Group Poetry and Writing Therapy with Adolescents** – Nancy Scherlong, LCSW, PTR, CJT, M/S & Laura Santner, LCSW, PTR
- 2:45-4:15 pm          Workshop #4  
**Trials and Triumph of Transformation** – Lorriann Geyer, MA, BCSE, CAPF

- 4:30-6:00 pm      Workshop #5  
**The Relationship Museum: A Writing and Art Expression Workshop** –  
 Zelda Lockard, PhD, REACE
- 7:30-8:00 pm      **Meet & Greet Regional Reps** – Robin Rosado, CASAC-T, Membership Chair  
 & Regional Representative Chair
- 8:15-9:00 pm      **Evening Program: Two Poets...One Voice**  
 – Gayle Danley, MA, slam poet & activist poet Gowri Koneswaran

## Friday, April 9

- 8:15 -9:00 am      **Virtual Yoga Stretch** – Diane Richard-Allerdyce, MA, PhD, CAPF
- 9:30-11:00 am      Workshop #6  
**Mindfulness and Immediacy: The Poetry of Place** – Charlie Rossiter, PhD,  
 CPT
- 11:15 am-12:15 pm      **KEYNOTE SPEAKER – Sandra Marinella, MA, MEd**  
**Finding the Light—How Our Words, Poems, and Stories Lift Us Up**
- 12:30-1:30 pm      **TRIPLE WORKSHOP: Experience a Poetry Therapy Group**  
**First Session (participants will be divided into two small groups)** – Nancy  
 Scherlong, LCSW, PTR, CJT, M/S & Elaine Brooks, RN-BC, MA, PTR, M/S
- 1:30-3:00 pm      Workshop #7  
**Mind-Full and Mind-Empty Writing Techniques** – Beth Jacobs, PhD
- 3:00-4:30 pm      Workshop #8  
**Facing the Myths of Aging with a Dash of Humor** – Perie Longo, PhD,  
 LMFT, PTR
- 4:45-6:15 pm      Workshop #9  
**Poetry in the Classroom: Facilitating a Healing and Learning Community**  
 – Laurie Anderson-Sathe, EdD
- 7:30-10:00 pm      **Open Mic Poetry Reading, Anthology Sign-Up, & Virtual Happy Hour**  
 Emceed by Zachary Katz, MEd, MHC-LP

## Saturday, April 10

- 8:00-8:45 am      Coffee Circle
- 9:00-10:30 am      Workshop #10  
**Partners in Rhyme: Using Poetry to Bring Generations Together** – Patti

Russo, MS, CPT

- 10:45-12:15 am      Workshop #11  
**Writing from the Heart: The Pongo Method for Therapeutic Poetry with At-Risk Youth and Other Vulnerable Populations** – Richard Gold, MA, Founder Pongo Poetry Project
- 11:45 am-12:45 pm      **TRIPLE WORKSHOP: Experience a Poetry Therapy Group Second Session (participants will be divided into two small groups)** –Nancy Scherlong, LCSW, PTR, CJT, M/S & Elaine Brooks, RN-BC, MA, PTR, M/S
- 1:00-1:45 pm      **KEYNOTE POET – Jimmy Santiago Baca, International Poet and Writer Invoking the Divine Power of Poetry**
- 2:00-4:00 pm      **FILM – *A Place to Stand***  
 Viewing followed by discussion with Jimmy facilitated by Karen (Ren) vanMeenen, MA, MA, CAPF, PhD candidate
- 4:30-6:00 pm      Workshop #12  
**The Poetry of Forgiveness** – Iris Gidea, MA, PhD
- 7:30-7:45 pm      **Presidential Closing** – Marianela Medrano, PhD, CPT
- 7:45-8:30      **Celebratory Closing Event: An Evening of Rhythm & Song from the Land of Enchantment** – Giselle Felicia Vivian, Founder, and One Heartbeat Rhythm Circles Facilitator

## Sunday, April 11

- 9:30-11:00 am      Post Conference Session I  
**Navigating the Multi-Cultural Self** – Zachary Katz, MEd, MHC-LP
- 11:15 am-12:45 pm      Post Conference Session II  
**The Story You Need to Tell – Writing and Resilience** – Sandra Marinella, MA, MEd
- 1:00-2:30 pm      **TRIPLE WORKSHOP: Experience a Poetry Therapy Group Third Session (participants will be divided into two small groups)** – Nancy Scherlong, LCSW, PTR, CJT, M/S & Elaine Brooks, RN-BC, MA, PTR, M/S
- 1:00-2:30 pm      Post Conference Session III  
**Evolution of Consciousness: Going from Me to You, from We to All–** Marianela Medrano, PhD, CPT & Deborah McCarsons CAPF
- 2:45-4:15 pm      Post Conference Session IV  
**The Body as Poem, The Poem as Prayer** – Joey Garcia