

Welcome

Welcome to NAPT's 25th annual conference, "Gateway to Wholeness: Poetry Therapy for the Individual, Family and Community," at the majestic Hyatt Regency Hotel located inside the beautifully restored Union Station in historic St. Louis, Missouri. We have worked diligently to bring you the very best seminars in clinical and developmental applications of poetry and related therapies.

A National Landmark, Union Station was built in 1894 and was renowned as the largest single-level passenger rail terminal in the world and a dramatic gateway to the West. Renovated nearly 100 years later, the station remains one of the most impressive public structures in the Midwest, filled now with boutiques, restaurants and entertainment. Just across historic Market Street from the station is the beautiful fountain, "The Meeting of the Waters," aptly named for St. Louis' location sixty miles south of the meeting of the Missouri and Illinois Rivers, which join the Mississippi's flow past the riverfront and the Gateway Arch. Rising 630 feet above the city and the riverfront, the Arch, which dominates the skyline, is partially visible from the hotel.

This year we offer a multifaceted spectrum of the use of the poetic in literature, creative living, and healing, which includes workshops in generating hope, finding wisdom, building community, empowering teens and elders, linking the generations, surviving and healing from trauma and illness, and keeping poetry alive in our schools and colleges, our families and ourselves. We are a very inclusive community. NAPT welcomes everyone to this conference who is interested in exploring the healing power of words!

Our Conference Committee, with the help of our new management company, has prepared for you what we hope will be an enriching, creative, full-bodied experience of the power and healing of the poetic in your individual, family, and community life. On behalf of the 2005 Conference Committee, welcome to St. Louis!

– **Cathy Callahan, Site Chair**



Message of Gratitude from Mari Alschuler, VP, Conferences

This year NAPT has gathered leading national and international workshop presenters with a focus on community, family, and the individual. Once again we offer optional “tracks” in five areas: SP-spirituality, K-children/youth, T-teachers, C-physical/cognitive challenges, FC-family/community/intergenerational. Feel free to focus on one or two tracks, or sign up for a variety: it’s your choice! Workshops fill quickly on a first-come, first-served basis during registration, which is available online, by phone/fax, or mail. Please be sure to pick a 2nd choice for each workshop in the A, B, C, and D slots.

If you are in the process of becoming a CPT (Certified Poetry Therapist), RPT (Registered Poetry Therapist), or think you may begin the process shortly after the conference ends, you may receive peer credit for workshops indicated with an asterisk [*], which denotes that one or more of the facilitators is a CPT or RPT. Check with your M/S first. More information about the certification process is available after Saturday’s lunch.

Our entertainment and keynote speakers this year are spectacular! We are thrilled to have Greg Greenway return to help us open our conference, preceded by one of our own Praise of Muses members, Michael Dennis Browne, who will inspire us with a performance of his and others’ poems. Our keynote poet, Gregory Orr, is a gifted and prolific writer, poet, and professor. Our keynote speaker is well-known to and beloved by the NAPT community: Deborah Eve Grayson. And our closing performer, Mark Holland, promises to present us with an uplifting and moving close to our wonderful conference with his Native American flute and accompanying dancer. Expect to get moving as we dance along!

The 2005 Conference Committee and I know that you will find fulfillment, stimulation, inspiration, creativity, education, delight, new and renewed friendships, and the continued joy of poetry and its healing potential in this, our 25th annual conference. Please be sure to complete your individual workshop evaluations and the final conference survey in order for us to evaluate this year’s conference and to plan for the next one.

I would like to thank our committee: Site Chair–Cathy Callahan, Dottie Joslyn, Barbara Bethea, Richard Brown, and my fellow proposal reader/raters: Brian Moore, Jerri Chaplin, Deborah Grayson, Sirkku Sky Hiltunen, and Diane Allerdyce. I’d also like to thank Lianne Mercer for handling our volunteers, Valerie Knight for designing the final brochure, and Barbara Kreisberg for helping to select our NAPT sale items. Thank you to our Treasurer, Rich Rosenfeld, our outgoing President, John Fox, and our incoming President, Perie Longo, for their support and assistance throughout the conference planning process. I must also give a special thank-you to Dottie Joslyn for typing the brochure, to Toussaint L’Ouverture High School for Arts & Social Justice staff member Stephanie Horning for her help preparing information for the program, to Lauren Keller-Pacilio for her help in typing, and to Diane Allerdyce and Ted Bowman for selecting our pre- and post-conference workshops. Above all, I want to thank our management company, DMS, and the superb and capable work of Sheila Dietz, our NAPT Administrator. Sheila and her DMS associates have shown us the possibilities of teamwork at a whole new level, and we welcome her heartily into our PT family and community.

Enjoy the conference, and thank you for a wonderful three years facilitating our annual conferences.

– Mari Alschuler, LCSW, RPT, M/S



More Information. . .

www.explorestlouis.com
<http://stlouis.missouri.org>
www.hellosaintlouis.com
www.stlouisarch.com
www.nps.gov/jeff/index.html
<http://stlouis.hyatt.com/property/index.jhtml>
www.poetrytherapy.org

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Conference Schedule

WEDNESDAY, MAY 4, 2005

8:00 am– 5:00 pm Registration

10:00 am – 4:00 pm Day Trip

Writing the Labyrinth

St. Louis is a focal point of the growing movement of labyrinth builders, walkers and seekers. Join us for a day-long pre-conference trip exploring the life-changing labyrinth through guided walks and writing exercises.

The labyrinth is an ancient geometric pattern, usually circular, formed of intertwined spirals with a single path leading to the center. The path in is the same path out (unlike a maze, which has numerous choices of routes and is designed to confuse). As well as its use as a meditative tool, walking the twists and turns of the labyrinth activates and enhances both the objective, problem-solving nature of the left brain and the intuitive, creative aspects of right brain activity, often resulting in a powerful emotional and psychological experience for the participant. As a leading labyrinth researcher writes, "A walker leaving the labyrinth is not the same person who entered it, but has been born again into a new phase or level of existence." Writing before, after, and even during a walk can greatly enhance the powerful experience of the labyrinth.

The day will include visits to three sites, where experienced writing workshop leaders and labyrinth facilitators will offer an historical and spiritual introduction to the labyrinth, followed by walks at your own pace on both Chartres- and Cretan-style labyrinths. Writing exercises and meditations will be offered at each site. There will be also opportunities for participants to share their writings and process their experiences with the group if desired. We will enjoy a Dutch-treat lunch between the second and third labyrinths. This trip is limited to 42 participants, so mail your registration today!

Co-Facilitators: **Victoria Levitt, PhD**, teaches writing at SUNY Potsdam. A certified labyrinth facilitator and certified instructor for *Journal to the Self*, she is completing her CPT training with Kay Adams and conducts writing workshops and labyrinth events in the Potsdam community. **Joannah Merriman, MA**, is a psychotherapist, educator and certified journal instructor. She lives with her partner, Neil, four Golden Retrievers, and two cats, on ten acres outside Fort Collins, Colorado, where she is constructing a labyrinth between her home and studio. **Karen vanMeenen, MA, CPT**, serves on the NAPT Board as Publications Chair and Editor of *The Museletter*. She teaches Writing and Literature at RIT and leads community writing workshops on personal growth and healing, as well as writing workshops incorporating yoga and the labyrinth.

THURSDAY, MAY 5, 2005

7:30 am – 5:30 pm Registration and Exhibits

7:30 – 8:30 am First Meeting of Pre-Conference I

Experience Poetry Therapy – The Triple Workshop [*] (also meets Friday and Saturday)

For newcomer or dedicated trainee, this three-part workshop is your opportunity to welcome each day of the conference with poetry therapy experiences. Take part in small group sessions you might facilitate if you were a poetry therapist, or attend if you should choose this healing modality for creative expression and well-being. On the third day of the workshop, there will be a larger group processing session providing a didactic closure for the experiential program.



Co-Facilitators: **Geri Chavis, PhD, CPT**, is a licensed psychologist in private practice and a professor who teaches literature, women's studies, family studies, and poetry therapy courses at the College of St. Catherine in St. Paul, MN. She is a Mentor/Supervisor who does group and individual poetry therapy supervision and teaches poetry/bibliotherapy workshops and courses in the US, the UK and the Republic of Ireland. **Peggy Osna Heller, PhD, RPT M/S**, clinical social worker, NAPT and NAPT Foundation past president and current president of the National Federation for Biblio/Poetry Therapy, is a psychotherapist and clinical poetry therapist and trainer. She co-directs the Wordsworth Center for Growth and Healing. **Alma Maria Rolfs, MSW, LICSW, RPT M/S**, is a bilingual clinical social worker, psychotherapist, poetry therapist and trainer, poet and teacher. She served on the NAPT board for many years and currently runs the Northwest Poetry Therapy Training Program in Seattle.

8:30 – 11:00 am Pre-Conference II

***Writing at the Movies* [*]**

Powerful movies not only move us, but they can energize our writing, and the writing we facilitate with others. After viewing provocative clips from *Wings of Desire*, *Smoke Signals*, and *The Story of Us*, we'll dive into writing exercises and discuss how film can bring poetry alive for different populations. Ample handouts and popcorn available.

Presenter: **Caryn Mirriam-Goldberg, PhD, CPT**, coordinates the Transformative Language Arts program at Goddard College, and facilitates workshops for low-income women, people living with cancer, and other populations. Her books include *Animals in the House*, *Reading the Body*, and *Write Where You Are*.

11:30 am – 2:00 pm Pre-Conference III

Performing Poetry: Taste the Words, Feel the Silence, Write From There

Step-by-step, you will learn to prepare a poem for performance in the spirit of sacred play, drawing out the poem's full power to heal. You will break up into small groups and each group will prepare a poem. Then we'll come back together and hear each other. We won't applaud—we'll just let the silence get deeper and deeper, creating sacred space. We will then write our own poems in that space, and share what we've written.

Presenter: **Silvine Farnell, PhD**, taught literature on the college level for thirty years, focusing on the spiritual dimension of poetry and bringing that dimension alive for her students by teaching them to perform. She is working on a book on performing poetry.

11:30 am – 2:00 pm Pre-Conference IV

Poems that Bridge: Strategies from the Interfaith Youth Poetry Project

Explore writing poems with techniques used by the IYPP, a grassroots, tolerance-building project in Philadelphia. Learn strategies that can help children (and adults) express their poetic voices and share about identity, family, culture, language, and beliefs. Learn about IYPP, which serves hundreds of students of diverse cultures and faiths.

Presenter: **Cathy Cohen, PhD**, directs Philadelphia's Interfaith Youth Poetry Project for children of diverse cultures and faiths. A poet and painter, Cathy has taught for many years in over 30 schools, and received awards from Montgomery County's Human Rights Commission and NAPT.

2:30 – 5:00 pm Pre-Conference V

***Sex, Lives & Videotape* [*]**

This workshop will uncover common themes of sexuality, change, and celebration through the life span by utilizing humorous video segments from popular TV shows, poetry and writing exercises that spark recognition and inspiration. Childbirth and early development, sexual



confidence, the dance of intimacy, and the evolution of relationships are some of the themes that will be highlighted.

Presenter: **Deborah Eve Grayson, LMHC, RPT/MS, CHt**, is a Licensed Mental Health Counselor, AASECT Certified Sex Therapist, Certified Hypnotherapist, Registered Poetry Therapist, and Mentor/Supervisor. An award-winning author, photographer and national speaker and workshop leader, Deborah has been the recipient of the NAPT Distinguished Service Award and the Art Lerner Education Grant. She has enjoyed a private practice in the Fort Lauderdale area since 1978.

5:30 – 7:15 pm **Newcomer's Welcome Reception, Mari Alschuler, Host**

7:30 – 10:00 pm **Opening Ceremonies – Ann Bracken & Jerri Chaplin, Hosts**
"By Heart"

Michael Dennis Browne is a member of NAPT's Praise of Muses committee. Michael will help convene our St. Louis conference by saying and singing poems. His fifth collection of poems, *Selected Poems 1965-1995*, won the Minnesota Book Award for 1998. Browne came to the US from England in 1965 and graduated from the creative writing program at the University of Iowa. He is currently a professor of English at the University of Minnesota and has taught at other universities. A librettist, he has written many texts for music, including church operas, hymns and carols. He has also written children's books. He has volunteered his time to be with us in May.

Acoustic Singer/Songwriter

Greg Greenway is one of those difficult-to-categorize performers who has found a home in the modern acoustic genre. Originally from Richmond, VA, he moved to Boston for its rich folk music tradition and has become one of its most unique and superlative emissaries. Musically, he draws inspiration from gospel, rock, blues, and world music. But his music's central appeal is that it comes through the singular lens of Greenway's humanity and his soulful affinity for the audience. Greenway now has four critically acclaimed solo releases: *A Road Worth Walking Down*, *Singing For the Landlord* (top five CDs for 1995 on the Internet Folk DJ list), *Mussolini's Head*, and *Something Worth Doing*. Among Greenway's performance highlights are a show at Carnegie Hall in the New York Singer/Songwriter Festival, which was rebroadcast on NPR's World Café; an appearance on nationally syndicated Mountain Stage; and a show at the Rock and Roll Hall of Fame honoring Phil Ochs. In August of 2000, Greenway was seen worldwide on CNN's *World Beat* in a segment on socially conscious artists.



FRIDAY, MAY 6, 2005

7:30 am – 5:00 pm **Registration and Exhibits**

7:00 – 8:00 am **GiGong**

GiGong (pronounced Chee Gung) is the cultivation of life energy in our bodies. It is a discipline that uses the wisdom of Chinese, Buddhist and Taoist medicine to vitalize our internal organs. Our daily practice will use meditative breathing, mental concentration and gentle movements to help us locate our own energy and cultivate its production.

Presenter: **Marisis Nelson** is a student of Dr. Xue Zhi Wang and a lifelong member of the WuDan Gate Longevity Association in Seattle. She has been practicing GiGong and the cultivation of energy since 1994.

7:30 – 8:30 am **Second Meeting of Pre-Conference I** (see Thursday)

7:30 – 8:45 am **Mentor/Supervisor Basic Information Breakfast Meetings – Kay Adams**

If you are a Mentor/Supervisor—new or experienced—come have breakfast with us and bring any questions you have. This is an informal opportunity to meet with chair, Kay Adams and members of the Federation's Board to review procedures, policies, and responsibilities of your

M/S position. Attendees will pay for their own breakfasts. There will be another breakfast meeting Saturday morning.

8:30 am – 5:30 pm Book Fair with Left Bank Books

8:00 am – 5:00 pm Poetry Video Screening

Join us throughout the conference for a screening of poetry videos curated and edited by Karen vanMeenen. This year, Karen's video ranges from professional spoken word performances to haikus brought to life with stunning visual imagery. These video selections include poetic works created specifically for the visual medium as well as those translated from previously written works.

Presenter: **Karen vanMeenen** received her MA in Transformative Language Arts from Vermont College in 2002 and completed her CPT in 2003. She is on the Board of NAPT, serving as Publications Chair. She is Editor of *The Museletter*, and Co-Editor of *Giving Sorrow Words: Poems of Strength and Solace*. Karen teaches writing workshops for women and teens and is a free-lance film and video curator currently working with the High Falls Film Festival.

8:30 – 9:00 am Welcome and Overview – John Fox, NAPT President

9:00 – 9:45 am Keynote Speech – Deborah Eve Grayson

Write to the Edge: Literary Leaps and Landings into Wellness

Deborah Eve Grayson will address our courageous passage through both the familiar and foreign frontiers of our lives as experienced by the individual, family and community. She will highlight some of her 25 years of experience as a sex therapist and individual, couples and group counselor. Deborah will share some of the various applications of poetry therapy to help heighten awareness, heal the hurts, and clarify and lighten areas of darkness or despair. She will share humbling stories of courage, humor and inspiration that will encourage all of us to continue to do the vitally urgent, passionate and important work that we do. She adds Rumi's words, "Let the beauty we love / Be what we do."

Deborah Eve Grayson, LMHC, RPT/MS, CHt, is an experienced sex therapist and counselor, an award-winning author and photographer, and a national speaker and workshop leader. She is a past recipient of the NAPT Distinguished Service Award and the Art Lerner Education Grant. See Pre-Conference V for more biographical information.



WORKSHOP LEGEND:

SP-SPIRITUALITY, K-CHILDREN/YOUTH, T-TEACHERS, C-PHYSICAL/COGNITIVE CHALLENGES,
FC-FAMILY/COMMUNITY/INTERGENERATIONAL *CREDIT FOR CPT/RPT PEER HOURS

10:15 – 11:45 am Workshop Series A

A1

Poetic Conversation: The Intimate Connections of Poetry Therapy [fc, *]

This workshop will present poems that link poetry and conversation, including poems that are dialogues between family members, different parts of the self, self to imaginary others, and poems that respond to each other. Perie and Phyllis will present clinical application of therapeutic discourse in poetry, and explore the richness that such exchanges inspire. Attendees will write twice, first in response to poems and second in response to another group member.

Co-Presenters: **Phyllis Klein, LCSW**, is in private practice as an LCSW and poetry therapist in San Francisco and Palo Alto. She has been mentored by Perie Longo and has conducted many workshops and groups in the San Francisco Bay Area. She has nearly completed earning her CPT. **Perie Longo, PhD, RPT**, is in private practice as a MFT and poetry therapist in Santa Barbara. She is incoming President of NAPT and a Mentor/Supervisor. In 1998 she received the Outstanding Achievement Award and in 2004 the Distinguished Service Award from NAPT.

A2

***Using Expressive Arts to Help Children Cope with Trauma, Loss and Bereavement* [k,c,*]**

This workshop will focus on the benefits of using poetry and art therapy techniques as a means of safe expression for traumatized and grieving children. Examples will be provided from loss and bereavement groups conducted in New York City. Participants will have an opportunity to experience some of these techniques first-hand.

Presenter: **Deborah Langosch, PhD, LCSW, CPT M/S**, is a program director at the Center for Trauma Program Innovation and at the Loss and Bereavement Program at the Jewish Board of Family and Children's Services in New York City. She is a Certified Poetry Therapist and a Mentor/Supervisor.

A3

Becoming the Ghost: Writing & Recovery in a World of Desire

This performance of eighteen poems written by Anthony Butts shows how the poet utilized poetry to heal himself in the aftermath of childhood sexual, physical, and mental abuse. Most of the works are published in academic poetry journals, anthologies, and books, some written in the days shortly following two schizoaffective breaks from reality.

Presenter: **Anthony Butts, PhD**, teaches English at Carnegie Mellon University. His most recent book is *Little Low Heaven* (New Issues, 2003), winner of the 2004 William Carlos Williams Award for the best book of poetry published by a university, nonprofit, or small press during 2003.

A4

Narrative Theory, Narrative Therapy, and Fiction Writing

This workshop will examine connections between narrative therapy, narrative theory, and the craft of writing fiction. Using exercises in story-telling and supportive arts, we will explore fiction-writing techniques (setting, character, plot, point of view, voice, symbolism), enhancing by insights from narrative theory and narrative therapy.

Co-Presenters: **Margaret Blanchard, PhD**, is a core faculty in the UIU MA Program, author of *Hatching*, *Wandering Potatoes*, *Who?* (novels); *The Rest of the Deer: An Intuitive Study of Intuition*; and *Duet* (poetry) and is the recipient of the 2003 NAPT Morris Morrison Education Award. **S.B. Sowbel's**, varied background includes public health, adult learning, group facilitation, life-credit assessment, counseling and the arts. A published poet, printmaker and painter, recipient of two New York and two Vermont artists' grants, Sowbel is a psychology and arts field faculty for Vermont College's MA Program and core faculty in Goddard College's Healing Arts & Sciences Program.

A5

***Hope: The Critical Element in Poetry Therapy* [*]**

Hope, as a critical element in advancing therapeutic process and outcome, will be examined through Mazza's multidimensional poetry therapy model. The RES model consists of three major dimensions: 1) R- Receptive/ prescriptive mode involving the use of literature in therapy, 2) E- Expressive/ creative mode involving written expression, and 3) S- Symbolic/ceremonial mode involving the use of metaphors and rituals.

Presenter: **Nick Mazza, PhD, RPT**, is a Professor of Social Work at Florida State University School of Social Work. He holds Florida licenses in clinical social work, marriage and family therapy, and psychology. Dr. Mazza is the founding and current editor of the *Journal of Poetry Therapy* and author of *Poetry Therapy: Theory and Practice* (Brunner-Routledge, 2003).



A6

Wisdom Poetry [sp]

The term *Wisdom Poetry*, from Kajangu Kykosa's poetry, is based on hundreds of proverbs he collected from dozens of African tribes and cultures. Presenters will each contribute proverbs, poems, anecdotes and stories drawn from our work as poets and healers that embody cultural wisdom, and participants will respond with their own. Using a writing exercise, participants will then create their own Wisdom Poetry, drawing on the collected communal wisdom.

Co-Presenters: **Robert Carroll, MD**, is a psychiatrist and poet. He teaches in the Department of Psychiatry at UCLA and has a private practice in Family Psychiatry. He has published poems, stories and chapters in the psychiatric, medical and poetry literatures and has written 25 chapbooks of poetry. He was a member of the Los Angeles performance Poetry Slam Team. He currently serves as Vice President for Institutional Liaison Development of NAPT. **Jack Coulehan, MD, MPH**, is Professor of Medicine and Director of the Institute for Medicine in Society at Stony Brook University. He has published several collections of poems, most recently, *Medicine Stone* (2002). His other books include *The Medical Interview* (2001) and *Chekhov's Doctors: A Collection of Chekhov's Medical Tales* (2003). **Kajangu Kykosa** is a poet and carrier of African wisdom. In addition, he is the founding director of Ma Africa, a center whose distinctive mission is to provide authentic African wisdom teachings. Currently, he is a visiting professor at Southwestern University, Georgetown, TX, teaching in the Department of Religion and Philosophy.

A7

Writing and Building Intentional Community: 30 Years of the Birdsfoot Farm Journals [fc]

This discussion/workshop examines how an intentional community of organic farmers used thirty years of journals to create and maintain community as well as to record the history of the group. Participants in this session will also create a community journal for the use of all attendees at the 2005 conference.

Presenter: **Victoria Levitt, PhD**, is an Assistant Professor of English at SUNY Potsdam where she directs the College Writing Center. She is a Certified Instructor for *Journal to the Self* and a CPT trainee.

12:00 pm	Deadline to sign up for poetry anthology
12:00 – 1:45 pm	Regional Networking Luncheon – Mari Alschuler, Host
2:00 – 4:30 pm	Workshop Series B



B1

Creating Arts Empowerment Experiences for Poetry Groups with Teens [k]

This workshop explores ways to target attainable goals and outcomes for mainstream and at-risk youth poetry groups. Using a Hynes/Hynes-Berry facilitation model, we identify issues, integrate warm-up and writing exercises to reflect the intended goal, and explore multidisciplinary approaches to responding to poetry in group settings.

Presenter: **Normandi Ellis, CPT** teaches creative writing in public and alternative schools. Program Administrator for Kentucky's Youth at Risk arts program and award-winning author, Normandi has received writing fellowships from the Kentucky Foundation for Women, and the Writer's Voice of America. She just completed her CPT!

B2

In the Orchard of Hope: Creativity, Compassion and Community in the Poetry Therapy Process [fc, *]

Creativity, compassion and community provide nourishment in the "Orchard of Hope" where the fruits of poetry therapy thrive. Join three poetry therapists, Dr. Sherry Reiter, Alys Cummings, and Barbara Bethea, as they share case studies and group work experiences with different populations in which hope has played a primary role. This workshop will have a special focus on three particular populations: neglected youth, homeless people, and breast cancer survivors.

Co-Presenters: **Barbara Bethea, MA**, is CEO of Poetry Works Entertainment, founder of Supreme Teens and AWESOME Seminars for You empowerment groups. Barbara serves as the Chairperson for Diversity for NAPT and will be awarded her RPT in the spring of 2005. **Alysa Cummings** facilitates a poetry therapy group for survivors like herself at Virtual Hospital. A published poet, she serves as Poet-in-Residence for Oncolink (www.oncolink.com). The Susan G. Komen Foundation recently named Alysa a 2004 Local Hero. Alysa will be awarded her CPT in 2005. **Sherry Reiter, PhD, RPT M/S**, is the Director of the Creative Righting Center. She is past President of NAPT and The National Federation for Biblio/Poetry Therapy. A pioneer in the field, she was recipient of the NAPT Outstanding Achievement Award in 1982 and the 2002 Distinguished Service Award.

B3

Wholeness: Writing Across our Lifespan

We feel more whole as we form our true self, acknowledging our emotions and needs. The human lifespan—child, teen, adult, and senior—includes both risks and opportunities in this process. Using research models of writing for health, we will write of feelings and needs, past and future.

Co-Presenters: **Ellen Baker, PhD**, practices psychology in Washington, DC. She was originally trained as a lifespan developmental psychologist. She has written about and led workshops for 25 years on the usefulness of personal journaling in the development and expression of the self. **William Greene, MD**, works as a pediatrician in Spokane, WA, and is a Clinical Professor in Pediatrics at the University of Washington. He co-facilitates an ongoing writing group and loves writing poetry.

B4

Keeping the Pulse of Poetry Alive in the Classroom [t, *]

Although this workshop is designed for educators, the content can be used in many settings. This didactic and experiential workshop will provide some introductory material and other related exercises that can be used to keep the pulse of poetry alive.

Presenter: **Richard Brown, MEd**, is a Special Education Teacher at Kellogg Middle School in Portland, Oregon, where he facilitates, as a Certified Poetry Therapist in training, a Men's Poetry Group and a Poetry and Popcorn group for students. Richard is a current NAPT Board Member.

B5

Paradox & Metaphor in Relationships with Aging Parents: What the Poet Knows [fc, *]

Participants will read selected poems and write one of their own in order to discover ways that metaphor and paradox – what the poet knows – can help middle-aged children begin to resolve issues, act compassionately, and give support to themselves and their parents during the end-of-life journey.

Presenter: **Lianne Mercer, RN, MSN, CPT**, provides poem-making workshops to nurses. Her poem, "Exiles," was published in *The American Journal of Nursing* (December, 2002). Work is forthcoming in *The Poetry of Nursing: Poems and Commentaries of Leading Nurse Poets* (edited by Judy Schaefer).

B6

More than Meets the Eye: Poetry of the Visual Arts [*]

Poetry uses visual art's tools and power metaphorically as it sketches, draws, paints, and sculpts emotionally-laden images with words. This workshop invites participants to experience connections between poetry and the visual arts as a way to facilitate greater self-knowledge and illustrate principles of poetry therapy. We will use a poem with visual art as its subject to foster self-understanding; distribute and discuss other art-related poems; and show examples of visual art useful for self-exploration.



Co-Presenters: **Mary Lawson, MA, CCA**, and CPT trainee, is a librarian and holds a Certification in Creative Aging from the National Center for Creative Aging in NYC. She is currently completing her CPT under Dr. Rossiter's supervision. She frequently uses the visual arts in her poetry therapy facilitation with older adults. **Charles Rossiter, PhD, CPT**, long-time board member and past Vice President of NAPT, is currently Book Review Editor for the *Journal of Poetry Therapy* to which he frequently contributes. In addition to teaching in the Graduate Program of National Lewis University, he hosts the audio website, www.poetrypoetry.com and is a poet with two Pushcart Prize nominations to his credit.

B7

"These Words are Proof There is Healing": Making Your "Book of Medicines" [sp]

Participants will make a book of medicines by examining Linda Hogan's *Book of Medicines*, based upon Native American traditions, in the light of the bibliotherapeutic process (recognition, examination, juxtaposition, and application to self). This workshop is particularly useful for dealing with physical or psychological pain, helping clients with self-expression, or finding a new "template" for enhancing creativity.

Presenter: **Rob Merritt** teaches literature and creative writing at Bluefield College in Virginia. He has published poetry, critical essays on modern literature and creative nonfiction. He has given workshops on poetry and journaling as therapeutic activities.

4:45 – 5:30 pm CPT/RPT Award Ceremony – Perie Longo, Host

Please join us in recognizing peers who have completed their training.

5:30 p.m. - 7:00 p.m. "Voices in Wartime and Beyond" screening and discussion

Join us for a screening of the 37-minute video "Voices in Wartime and Beyond," which explores the poetic voices of those caught in violent conflicts around the world. This video helps us understand the experience of trauma in war through interviews with veterans and professionals like Jonathan Shay, psychiatrist at the U.S. Department of Veterans Affairs, who works with veterans experiencing PTSD. There is also a preview of the feature-length film "Voices in Wartime" and an introduction to the filmmakers. The screening will be followed by a discussion about how we as poetry therapists can provide support to those injured by global conflicts in our own communities, and will include group and individual action items. Hosted by task force leader Faye Snider, John Fox and Karen vanMeenen.

7:30 – 9:00 pm Early Bird Open Mic Poetry Reading – Cathy Callahan, MC

9:15 – 11:00 pm Night Owl Open Mic Poetry Reading – Richard Brown, MC

Please join us for our popular annual Open Mic Poetry Readings. You can sign up to read at registration. The deadline is noon, Friday. Reading space will be limited to one poem per person for the first round. Poetry collections will be available for sale on Saturday.

SATURDAY, MAY 7, 2005

7:30 am – 5:00 pm Registration and Exhibits

7:00 – 8:00 am GiGong (see Friday)

7:30 – 8:30 am Third Meeting of Pre-Conference V (see Thursday)

7:30 – 8:45 am Mentor/Supervisor Breakfast Meeting (see Friday)

8:30 am – 5:30 pm Book Fair with Left Bank Books

8:00 am – 5:00 pm Poetry Video Screening (see Friday)

8:45 am – 10:45 am Workshop Series C



C1

Magic Pebbles: Reclaiming Voice through Poetry Therapy [c, *]

Diagnosed with multiple sclerosis, Nancy Bengis Friedman, a poet and Certified Poetry Therapist, began using poetry in her therapy sessions about fifteen years ago. This didactic session features excerpts from the poet's soon-to-be published book, with clinical commentary from her poetry therapist, Dr. Sherry Reiter.

Co-Presenters: **Nancy Bengis Friedman** started writing at the age of six and has not stopped, despite the onset of multiple sclerosis over the past two decades. Nancy is a Certified Poetry Therapist, and former Director of the 551 Writers Salon. Her book of poetry, *Magic Pebbles*, will be published in spring 2005. **Sherry Reiter, PhD, RPT M/S**, is the Director of the Creative Righting Center. She is past President of NAPT and The National Federation for Biblio/Poetry Therapy. A pioneer in the field, she was recipient of the NAPT Outstanding Achievement Award in 1982 and the 2002 Distinguished Service Award.

C2

Poetry: A Means of Linking & Enriching the Lives of Different Generations [fc]

This session will show the uses of poetry as means of connecting generations, as well as enrichment. Participants, who have ranged in age from 7-104, draw on everyday situations, particularly their own lives, as material using short poems and literary excerpts as models. Examples of this work will be read.

Presenter: **Patricia Marton** has a PhD in education from the University Of Illinois, Champaign (history, literature, creative writing, and the fine arts). She lectures on family history and children's literature at various conferences, and conducts poetry and writing workshops in nursing and retirement homes.

C3

A Creative Journey into Wholeness [sp, *]

Join us in an experience of inner reflection and creative expression using the mandala, the labyrinth, poetry and art. Using a multimodal expressive therapy model, this experiential workshop will offer an opportunity to demonstrate a pathway of integration. Participants will understand how to combine these elements of artistic and poetic expression for their own personal growth and for use in treatment settings with various populations.

Co-Presenters: **Wendi Kaplan, MSW, CPT**, a psychotherapist with over 20 years' experience, focuses on empowering people to define and to move toward their concepts of self-fulfillment through personal exploration that connects them with their creativity, energy, spirituality and relationships with self, others, and their environment. **Ingrid Tegnér, MSW, CPT** is a licensed social worker and poetry therapist. She has facilitated poetry therapy with both individuals and groups dealing with a variety of personal and situational life issues. Ingrid serves on the Board of Directors for NAPT as the Chair of the Research Committee.

C4

Poetry, Formation & Peace Studies [sp]

In a world increasingly ruled by violence, corporate privilege and the destruction of democratic institutions, teaching for personal and social transformation takes on a special urgency, and poetry is a vital part of that process. The curriculum of Richland College's Institute for Peace and Peace Studies is informed by Parker Palmer's Formational practice. This workshop will present the principles of Formation; the use of poetry and literature in Formation and Peace Studies; a Formational activity; reading and reflecting on poetry for peace and justice; and questions and discussion. Handouts provided will include poems for justice and peace.



Presenter: **Jenna Blondel, PhD**, was born in Texas. She received her BA in Literature from American University, MA in English from the University of Maryland, and PhD in Middle Eastern Languages, Literatures and Cultures from the University of Texas, Austin. She is the author of *The Image of Arabs in Modern Persian Literature* (University Press of America, 1996). She has taught in the US and the Middle East. At present she teaches English and Peace Studies at Richland College in Dallas, Texas. She is a long-time activist for peace and justice.

C5

“Biography Becomes Biology”: Healing Community One Body at a Time

This workshop will guide participants in accessing the wisdom of the body in order to begin healing at a cellular level. By combining the intuitive practices of the Yogic tradition with the journaling/creative writing techniques of bibliotherapy, participants will be able to dialogue with the body, releasing cellular memories, thus connecting with what Roger Jahnke calls “the healer within.”

Co-Presenters: **Peggy Jones Farlow, MSpEd, SLP, LMT**, is a Speech Pathologist, a Reiki Master and a practicing massage therapist with special training in CranioSacral Therapy. She developed Touch to TEACH, a program for cognitive development through pediatric massage and has presented workshops in San Francisco and Quebec. **Penne Jones Laubenthal, PhD**, is Professor Emeritus of English at Athens State University where she taught for thirty years. She is certified in Integrative Yoga Therapy and Reiki II. Penne is a free-lance writer and presents workshops in journaling and in stress management. She has been a member of NAPT since 1986.

C6

Unpacking our Knapsacks: Poetry, Play & the Practice of Diversity [k, *]

This workshop will focus on diversity issues faced in our society and will provide participants with an interactive and self-exploratory experience based on Peggy McIntosh’s article, “*White Privilege: ‘Unpacking the Invisible Knapsack.’*” Participants should come prepared to unload their “backpacks” of previously unacknowledged privileges based on gender, race, nationality, or physical ability. Everyone has a backpack (we give you one), and everyone can unpack it!

Co-Presenters: **Diane Allergyce, PhD**, is a Certified Poetry Therapist and NAPT Board Member. She is a university professor and currently serves as a principal of the charter school she co-founded, Toussaint L’Ouverture High School for Arts & Social Justice. **Barbara Bethea, MA**, serves as the Chairperson for Diversity for NAPT. (See page 10 for more biographical information.)



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C7

Bibliotherapy in the Classroom: Literature Teacher as Facilitator [t]

This workshop studies the possibilities of a literature teacher’s role as a bibliotherapy facilitator. This presentation draws on the presenter’s experiences of the therapeutic effects of English literature in ESL environments at a Korean university.

Presenter: **Dr. Bonghee Lee** is a Professor of Literature at Korea Nazarene University in Seoul. Her specialties include teaching Shakespeare, English literature and film studies to ESL students. She is in the US as a visiting scholar to study for her CPT under Kay Adams’ supervision, at the University of Denver.

11:00 am – 12:00 pm **Keynote Poet – Gregory Orr**

Three Forms of Survival through Poetry and One of Celebration

Greg Orr will discuss the universal survival function of the personal lyric (an “I” poem or song about experience). He will speak about how and why it is that poetry helps us come to terms with both trauma and crisis; how the translation of “world” into “word” and the subsequent shaping of those words allow the individual self to re-stabilize and grow. He will discuss three distinct ways that people use poetry to help them cope with existential crises and also consider a fourth, but equally important therapeutic function: the poem of celebration and play.

Presenter: **Gregory Orr** is the author of eight collections of poetry, the most recent, *The Caged Owl: New and Selected Poems* (Copper Canyon Press, 2002). In October 2005, Copper Canyon will bring out his ninth collection, *Concerning the Book that is the Body of the Beloved*. Among his other volumes of poetry are: *Orpheus and Eurydice* (2001), *City of Salt, We Must Make a Kingdom of It*, *The Red House*, *Gathering the Bones Together* and *Burning the Empty Nests*. He is the recipient of a Guggenheim Fellowship and two poetry fellowships from the National Endowment for the Arts. In 2003, he was presented with the Award in Literature by the American Academy of Arts and Letters. In addition, he has also been a Rockefeller Fellow at the Institute for the Study of Culture and Violence. He is also the author of a memoir, *The Blessing* (Council Oak Books, 2002), which was chosen by Publisher's Weekly as one of the fifty best non-fiction books of 2002. His recent book, *Poetry as Survival* (University of Georgia Press, 2002), is an extended meditation on the dynamics and function of the personal lyric. Earlier prose collections include *Richer Entanglements: Essays and Notes on Poetry and Poems* (University of Michigan Poets on Poetry), and *Stanley Kunitz: An Introduction to the Poetry* (Columbia University Press). He is a Professor of English at the University of Virginia, where he has taught since 1975 and was the founder and first director of its MFA Program in Writing. He served from 1978 to 2003 as Poetry Editor of the *Virginia Quarterly Review*. He lives with his wife, a painter, and his two daughters in Charlottesville, Virginia.

12:00 - 12:30 pm Book Signing with Gregory Orr

12:30 - 1:30 pm Honors Luncheon – John Fox, Host

2:15 - 3:15 pm Certification Workshop [*]

The Chairpersons of the Certification Committee will assist newcomers with information about training requirements for certification or registration as a poetry therapist. They will answer any questions or concerns related to the training requirements and process. The format will be an interactive discussion. Participants are encouraged to bring specific questions and concerns about CPT and RPT training.

Co-Presenters: **Elaine Brooks, MA, RN, RPT M/S** has over 20 years of experience in an acute care facility and is in private practice in southeastern Connecticut. She is the co-chair of the Certification Committee of the National Federation for Biblio/Poetry Therapy and an approved Mentor/Supervisor. **Julie Schwiertert, MSW, RPT M/S** maintains a private practice in New York City. She specializes in working with bilingual (English-Spanish) clients. She is a Mentor/Supervisor and co-chairs the Certification Committee of the National Federation for Biblio/Poetry Therapy, and is former chair of NYCCAT.

2:15 - 3:15 pm Video Presentation

Moving Towards Truth: Merging Motion, Sound and Poetry to Heal

This video explores the integration of rhythm manifested in movement, sound and poetry as a catalyst for personal awareness, leading to liberation, hope and healing from emotional pain. Poets and places around the world, from Hollywood to the Heartland, from Israel to Italy, are featured in this informative, uplifting video documentary.

Presenter: **Jenny Laper's** lifelong love of poetry, belief in its transformative power, and her discovery of videography and introduction to NAPT through Drs. Art Lerner and Tom Hedberg, have inspired a trio of video documentaries on poetry and healing. Two of these videos have been presented at NAPT conferences in Miami, San Jose, and Costa Mesa, as well as at various venues in Springfield, MO where she now lives. Jenny has had poetry published online and in chapbooks. She served two years as Assistant Poetry Editor at the award-winning e-zine, *Moondance*, and is currently helping develop the Healing Through Art Program at an integrated medical facility, CoxHealth, in Springfield.



2:15 – 3:15 pm Publications Committee Meeting

Come meet with Publications Chair, Karen vanMeenen, to discuss the possibilities for the future of NAPT Publications and how you can be a part of this exciting process. (See page 4 for biographical information.)

3:30 – 5:00 pm Workshop Series D

D1

***Don't Forget the Zinnias: Accessing the Poet within the Child and Elderly Populations* [fc]**

The presenter will share creative techniques to facilitate interactive poetic expression and stimulate word production, word retrieval, memories, and the writing process. Color World Wheels, Theme Word Wheels, word tickets, and hands-on empowering poetry projects will be demonstrated. Case studies will be presented and participants will have opportunities to engage in poetry-centered activities.

Presenter: **JoAnn Flynn, MEd**, is a poetry therapist who will receive her CPT at this conference. She has been a special education teacher for 18 years, facilitating poetry therapy groups for emotionally disturbed/learning disabled children and currently brings poetry to the frail elderly.

D2

***Miracle-Like: Poetry by Teenage Transplant Survivors* [c]**

Teenage survivors of heart, liver, kidney, and pancreas transplants have written poems about their lives in a unique project of the Utah Arts Council and National Kidney Foundation of Utah. Poems and photos from their chapbooks, *Miracle-like* and *Miracle-like, Again* will be presented, along with responses from health-care professionals.

Co-Presenters: **Pamela Grant, LCSW**, has worked with the Pediatric-Adolescent Transplant Program at the University of Utah for the past 25 years. In this capacity, she has supported young patients and their families in coping with the challenges of chronic disease and organ transplantation. Expressive arts allows patients another avenue for personal mastery. **Susan Sample, MFA**, teaches poetry for the Utah Arts Council. She is involved in the Literature and Medicine Program, University of Utah School of Medicine, and is editor of *Health Science Report* magazine. Her poetry recently appeared in *The Healing Muse*.

D3

Varying Journaling Structures to Promote Emotional Wholeness

Structured writing has been shown to help people who are struggling with feelings, but different structures develop different skills. This experiential/didactic workshop presents four different journaling structures that can be used to promote emotional management. We will discuss how these various techniques relate to specific emotional skills and situations.

Presenter: **Beth Jacobs, PhD**, is a clinical psychologist with more than 20 years' experience in clinical practice and a special interest in developing varieties of journal-assisted therapy methods. She is an adjunct faculty member of Northwestern University Medical School.

D4

***"Immeasurable Order in Chaos": Poetry Therapy with Hospitalized Youth and their Families* [c, k]**

This workshop presents how the facilitators have brought poetry therapy to youth hospitalized with cancer or related conditions, and their families. Learn basic needs of these youth, how to assess and creatively respond to their needs, establish baselines and work with key hospital staff for a well-run and valuable healing tool for families.



Co-Presenters: **Diane Hovey, PhD**, is the founder and director of the Family Institute for Creative Well-Being. Diane utilizes the arts as a powerful tool in providing a means of expressing and conveying "lived experience" in a way that builds family well-being and community understanding. **Harriet Kohen** is a social worker at Fairview University Children's Hospital, where she works with youth and their families in the oncology and hematology units. Prior to this, Harriet was the program coordinator at the Institute for Health and Disability at the University of Minnesota.

D5

On Becoming a Poetry Therapist: Experiencing the Journey to CPT [*]

This presentation will explore how CPT training, especially facilitating poetry groups and reflecting on perceptives in supervision can lead to personal change and insight in the trainee. Poems and writing activities will enable participants to reflect on how they, too, may have been changed through their work with others.

Presenter: **Victoria Field, MA**, is an experienced facilitator and a NAPT representative for England. She is a past Chair of Lapidus and ex-Director of Survivors Poetry. She has won several literary prizes and her collection *Olga's Dreams* was recently published.

D6

Creating Community through Linked Verse (Renku): Magic Threes [fc]

Add "the three-verse crossover" to your facilitation tool-bag. During this workshop all participants will have a chance to create a three-verse renku, take home a small handmade book with your group's creations, and brainstorm ideas on how to apply this kind of collaborative poetry to your own work.

Presenter: **Kris "Moon" Kondo**, CPT Trainee, has lived for 33 years in Japan and is a veteran artist, poet, teacher, and mom. She is cofounder of AIR (Association for International Renku) and has been an active haiku/renku ambassador for a quarter of a century. Her "retirement" dream is to give the gift of renku to poetry therapists everywhere.

D7

Roundtable: Current Issues for Mentor/Supervisors

Mentor/Supervisors have the gift and responsibility of guiding the field of poetry/journal therapy through conscious and intentional training. We will have a facilitated, structured dialogue to pool resources, stories and collective wisdom. Join us to mentor one another in the spirit of scholarly inquiry and cooperative wisdom! *Limited to current Mentor/Supervisors.*

Presenter: **Kay Adams, LPC, RPT M/S** has been a Mentor/Supervisor since 2000 and has directed her own training program in journal therapy since 1989. She chairs the M/S Committee for the Federation and is in full-time practice as a journal/poetry therapist, trainer and consultant.

5:30 – 7:00 pm Closing Ceremony – Cathleen Callahan, Host

Storytelling with the Native American Flute

This evening's performance will consist of a series of compositions by Mark Holland, performed by the artist from several of his recordings. Experience musical color and texture to please your aural palette, as the soothing and lyrical sound of the Native American flute takes you on an imaginary voyage. Feel free to join Christina McArthur as she dances in celebration as we bring our 25th annual conference to a close!

Mark Holland is considered to be one of the top Native American flutists performing/recording today. He is the leader of the group, Autumn's Child. He has released nine CDs to date. Mark has appeared with such diverse artists as R. Carlos Nakai, Bill Miller and Carrie Newcomer, among others. Holland is known for "playing from the heart," a soulful communication with the haunting beauty of the Native American flute. For additional information on Mark Holland/Autumn's Child please visit: www.autumnschild.com.



Christina Renee McArthur is the founder and Director of the Ekklesia Dance Company and Ekklesia School of Dance. She has her BA Degree in Dance with a minor in Performing Arts from Lindenwood University. She taught dance and musical theatre at DaySpring School of the Arts and the St. Charles YMCA for seven years. She recently choreographed and danced professionally with the Ekklesia Dance Company in the St. Louis area, including work for the St. Louis Concert Choir's Christmas performances, Six Flags St. Louis, Autumn's Child and others and for many benefits and art festivals. She has studied with the Paul Taylor Dance Company, Ballet Magnificat, David Howard, Michael Simms and Ginger Hedrick. She was awarded the 2002 Lindenwood dance achievement award. She is trained in all forms of dance: ballet, modern, jazz, tap, musical theatre, and dance team. She has developed a unique innovative, contemporary style, while not forsaking classical principles.

SUNDAY, MAY 8, 2005

- 8:00 – Noon** **Survey Collection**
- 8:00 – 9:00 am** **GiGong** (see Friday)
- 9:00 – 11:30 am** **Post-Conference Workshops A and B**

Post-Conference A

***Writing Yourself Home* [*]**

The NAPT conference can be an intense emotional experience, filled with poetry and possibilities. But the re-entry into the "real" world, where others do not speak this language, is often bumpy. This workshop offers a gentle and effective transition from the intensity of the conference to familiar places and faces. We'll write, share and process. This post-conference workshop is especially useful for first-timers.

Presenter: **Kay Adams, LPC, RPT M/S** is a pioneer in the field of journal therapy and celebrates her 20th anniversary as director of the Center for Journal Therapy in Denver (www.journaltherapy.com). She is a past president of NAPT and directs local and distance-learning programs in journal and poetry therapy.

Post-Conference B

***I Appeal to a Voice: A Call to Your "Hidden Wholeness"* [*]**

"There is in all things...a hidden wholeness." Thomas Merton

This workshop brings together the work of Parker Palmer (*The Courage to Teach, Let Your Life Speak, A Hidden Wholeness*) and poetry therapy. We will use poem-making and practice methods developed in what Palmer calls "the circle of trust" to explore our journey of both shadow and light, to more truly appreciate our "hidden wholeness." This workshop will help deepen your vocational connection and capacity to value the voice of your "inner teacher" so that whatever calling you have in life, you can live in that wholeness with more depth and compassion. The facilitators will help you integrate your "Spirit of St. Louis" conference experience.

Co-Presenters: **John Fox, CPT**, lives in the San Francisco Bay area and teaches at the Institute for Transpersonal Psychology, the California Institute for Integral Studies and in the Graduate School of Holistic Studies at John F. Kennedy University. Author of *Poetic Medicine: The Healing Art of Poem-Making*, John brings PT to people across the US and Europe, as well as to the medical, therapeutic, and pastoral professions. **Elaine Sullivan, MEd**, is a nationally known leader in the work of Parker Palmer and is a psychologist in Dallas, TX. She is co-director of the Center for Formation in Dallas, and is a ground-breaking advocate for the introduction of holistic healing methods into community colleges, hospitals, and businesses across the US.



Conference Information

Hotel Accommodations This year our conference is located at the Hyatt Regency/St. Louis, 1 St. Louis Union Station, St. Louis, MO 63103. The hotel room rate is \$109 single/double, \$134/triple, or \$159 for quadruple occupancy. To receive the reduced rate, you must make your reservations by April 5, 2005 and mention NAPT when booking. The hotel's reservation telephone number is (800) 223-1234. For information other than reservations, you may call the Hyatt at (314) 231-1234. Valet parking is \$18-25/night or self-parking, \$12-20/night, both with in/out privileges and tax extra.

Airline Travel/Travel to Hotel The closest airport is Lambert-St. Louis International Airport. The hotel is about a 30-minute drive from airport. Taxis from the airport are \$26-35. Trans-Express shuttle service runs every 25 minutes for \$5-15 and GEM Shuttle/Trans Express vans cost \$13 one way or \$21 roundtrip. The Hyatt is attached to the inexpensive (<\$5) MetroLink Transit System station and is three blocks from downtown St. Louis. Rental cars from major companies are available at the airport. For more travel information please visit our website.

Room Sharing If you wish to share a hotel room and do not already have a roommate, check the box on the conference registration form. Application deadline for this service is March 20, 2005. You will then receive the names, addresses, phone numbers and/or email addresses of others interested in room sharing. It is your responsibility to contact others and to make hotel reservations by April 5th. (NAPT will not make room-sharing arrangements.)

Continuing Education Units CEUs will be available for pre- and post-conference seminars and for conference participation through the College of St. Catherine, 1004 Randolph Ave., St. Paul, MN 55105. A \$20.00 fee, payable to NAPT, will be collected at the registration area. CEU details and a sign-up sheet will be available at the registration table.

Work Exchange A limited number of reduced-fee work exchange positions are available. For information, contact volunteer coordinator Lianne Mercer directly at lianne@aol.com.

Scholarships The NAPT Foundation has a limited number of partial and full scholarships available for people who need financial assistance. To apply for a scholarship, please send name, address, phone, email, and a brief description of how attending the NAPT conference would enhance your education and/or work to: Caryn Mirriam-Goldberg, NAPT Foundation President, at carynken@mindspring.com. All Scholarship requests must be received by March 1, 2005.

Book Fair We are pleased to have Left Bank Books as our official conference bookseller in St. Louis this year.

Poetry Anthology Please bring a copy of one typed poem that you would like included in the anthology and turn it in at the registration area no later than noon Friday. We will produce an anthology and have it ready for you by Saturday's conference closing. The poem must be on one page, typed, with one inch margins and your name included. Only one page will be printed per author. It will be printed in the anthology "as is." Your poem must be an original work. A copyright release form will be available for authors to sign at the registration table. Cost is \$15.00 per anthology.

Session Choices Space is limited in most sessions, so indicate 1st and 2nd choices on registration form and register early.

Pre- and Post-Conference Sessions Pre- and Post-Conference Workshops have separate fees, which are not included in the Conference registration fee. Pre-register early to ensure a space.

Day Trip Wednesday's day trip has a separate fee, which is not included in the registration fee.



REGISTRATION

Please complete both sides of this form.

Mail or fax your entire conference registration and workshop choices with check or credit card information to:

NAPT, 525 SW 5th Street, Suite A, Des Moines, IA 50309-4501

Fax: 515-282-9117

Or register online at www.poetrytherapy.org.

Questions? Contact the NAPT office at:

515-282-8192 or toll free (866) 844-NAPT, or email: sdietz@assoc-mgmt.com

Name: _____

Credentials: _____

Professional Affiliations: _____

Profession: _____

Address: _____

City/State/Zip/Country: _____

Home Phone: _____ Work Phone: _____ E-mail: _____

There will be a \$25 charge for refunds prior to March 31, 2005. No refunds after March 31, 2005. There is a \$50 administrative fee for all registrants who receive waived or reduced registration fees. Registrations postmarked after March 31, 2005 require the late registration rate.

Full Registration Rate Type

(includes Thursday evening and all Friday/Saturday activities plus lunches)

Classifications	Before 3/31/05	After 3/31/05
Full-Time Student/Senior NAPT Member	\$180	\$195
Full-Time Student/Senior Non-Member	\$215	\$230
NAPT Member	\$240	\$255
Non-member	\$275	\$295
NCATA Member (National Coalition of Creative Arts Therapies)	\$240	\$255
Day Rate NAPT Member (limited to one day)	\$150	\$165
Day Rate Non-Member (limited to one day)	\$160	\$175
If attending only one day, please check which day: <input type="checkbox"/> Friday <input type="checkbox"/> Saturday		
Total Registration Fee (Circle the appropriate fee and enter the amount)	\$	\$

Membership Renewals

(see page 21 for category information)

Categories	Dues	Pro-Rated Dues for New Members (May – September)*
Professional RPT	\$160	
Professional CPT	\$150	
Regular Member	\$110	\$80
Student Member **	\$ 75	\$50
Retiree Member ***	\$ 75	\$50
Contributing Member	\$140	\$85
Circle the membership fee selected and enter the amount	\$	NAPT membership year runs from Oct. 1 - Sept. 30

* in order to receive the early bird discount for the conference and your pro-rated new membership, your member dues must be included with your registration and postmarked no later than Thursday, March 31.

** university students only

*** over age 65

CONFERENCE SEMINAR CHOICES

- Check if you wish roommate sharing service. Check if you have special needs.
 Check if you are vegetarian.* Check if this is your first NAPT conference.
 * Please do not contact hotel directly regarding anything other than reservations. The Conference Committee is responsible for all other arrangements.

FRIDAY, MAY 6

(List two choices) 1st choice 2nd choice
 Workshop Series A _____ _____
 Workshop Series B _____ _____

SATURDAY, MAY 7

(List two choices) 1st choice 2nd choice
 Workshop Series C _____ _____
 Workshop Series D _____ _____

Wednesday day trip and pre- and post-conference seminars require additional fees as listed below.

Pre- and Post-Conference Rate Types	Before 3/31/05 NAPT Member	Before 3/31/05 Nonmember	After 3/31/05 NAPT Member	After 3/31/05 Nonmember
Wednesday Day Trip	\$50	\$60	\$60	\$70
Thursday Pre-Conference I <i>Note: This workshop also meets on Friday and Saturday mornings</i>	\$50	\$60	\$60	\$70
Thursday Pre-Conference II	\$50	\$60	\$60	\$70
Thursday Pre-Conference III	\$50	\$60	\$60	\$70
Thursday Pre-Conference IV	\$50	\$60	\$60	\$70
Thursday Pre-Conference V	\$50	\$60	\$60	\$70
Sunday Post-Conference A	\$50	\$60	\$60	\$70
Sunday Post-Conference B	\$50	\$60	\$60	\$70
Orr reading/lunch (attending this event only)*	\$50	\$50	\$50	\$50

*There is no separate \$50 fee for all one- or two-day conference attendees. The flat fee of \$50 applies to both members and non-members.

If attending Thursday Pre-Conference(s), please check which one(s): I (*meets 3 times*) II III IV V

If attending Sunday Post-Conference(s), please check which one: A B

Remember: Full-time students and retirees must submit proof of status.

Circle the rate(s) selected and enter the total amount: \$ _____

NAPT Membership Classification (see page 21 for details)

Membership Fee \$ _____ Check/Money Order

Conference Fee \$ _____ Visa MasterCard Discover American Express

Pre/Post Seminars \$ _____ Card Number: _____

Total Amount Paid \$ _____ CID Number: _____ Exp. Date _____

(The CID is the last three or four digits of the number which appears on the back of your card. It is an additional verification required by the credit card company.)

Signature _____

Make your hotel reservations by April 5, 2005!

NAPT Membership

NAPT invites you not only to attend this conference, but also to join our organization. Take advantage of this special conference offer. Join NAPT now and make the poetry therapy network grow.

Professional Member: \$160 for RPT, \$150 for CPT

Open to those holding Registered or Certified Poetry Therapist credentials.

Regular Member: \$110

Open to any person who may or may not be professional engaged in poetry therapy but who wishes to support the purposes and endeavors of the Association.

Student or Retiree Member: \$75

Persons applying for this category must submit proof of status with application (student—university students only; retiree—over age 65).

Contributing Member: \$140

To help expand Association activities.

Membership Benefits: All members in above classifications will receive *The Museletter*, *The Journal of Poetry Therapy*, reduced annual Conference fee, membership in regional poetry groups, supportive contact with professionals working in the field of poetry therapy and a discount on essential texts in the field.

Please indicate your membership preference on the registration form.



About Poetry Therapy

Poetry therapy uses poetry and other literature for healing and personal growth. Through the processes of reading and writing poetry, as well as sharing with others, feelings, motivations, memories, and unconscious material may be accessed and activated productively. Poetry therapy has its known antecedents in ancient Egypt and Greece, 4th century BCE. In the US it has been used more systematically since the 1950s. Currently, poetry therapists can be found globally, with practitioners in Israel, Japan, India, Canada, Switzerland, England, Scotland, the Philippines, Colombia, Korea, Ireland, South Africa, and other countries. Some international colleagues join US practitioners at the NAPT annual conferences.

Practitioners include psychiatrists, psychologists, social workers, mental health counselors, marriage and family therapists, nurses, physicians, librarians, educators, poets in the schools, addiction counselors, pastoral counselors and chaplains and those who work in communities and in prisons. Poetry therapists work in mental health, medical, geriatric, therapeutic, educational and community settings. Poetry therapy and other forms of healing writing, such as journal therapy or storytelling, have a broad range of applications with people of all ages and abilities, and have been used with people experiencing a variety of illnesses and conditions. Assisted writing techniques may be used with individuals who cannot write for themselves. Recent research indicates that subjective assertions of emotional healing have parallels in quantifiable physical healing.

Training is now available with Certification (CPT) and Registration (RPT) from approved Mentor/Supervisors from the National Federation for Biblio/Poetry Therapy. Certification/Registration is awarded to individuals who have met training requirements.

For more information on training opportunities in your community, check our website at www.poetrytherapy.org.



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The National Association for Poetry Therapy

Gateway to Wholeness:

Poetry Therapy for the Individual, Family and Community

25th Annual Conference

May 4–8, 2005 Hyatt Regency/St. Louis

St. Louis, Missouri, USA

All who are touched by the power of language in their personal, artistic, and professional lives are invited to attend!

Keynote Poet

Gregory Orr

Find us on the web at www.poetrytherapy.org

Or email us at sdietz@assoc-mgmt.com

The National Association for Poetry Therapy

Diversified Management Services, Inc.

525 SW 5th Street, Suite A

Des Moines, IA 50309-4501